

Packages

Seasons 5 Indulgence Package

180 Minutes

Full body scrub and massage, customised facial, and foot ritual

\$350

Summer Temptation

120 Minutes

Full body brush and massage, followed by a mini-facial.

\$250

Autumn Delight

135 Minutes

Full body scrub and wrap, mini-facial, and full body massage

\$250

Winter Warmer

120 Minutes

Full body scrub and hot stone massage

\$250

Spring Sensation

120 Minutes

Full body brush, customised facial, and foot ritual

\$250

Opening Hours

Monday - Wednesday

10am - 5pm

Thursday & Friday

10am - 8pm

Saturday

9am - 5pm

Sunday Subject to availability

Timings Subject to change

Contact us



03 8376 5300



spa@seasons5.com



www.seasons5.com.au/spa



454 Point Cook Road, Point Cook 3030

SPA Etiquette

Please arrive at least 15 minutes prior to your scheduled treatment time.

We request 24 hours' notice should you wish to cancel or re-schedule your booked appointment

Spa Retreat



Facial

Seasons5 WildFlower Facial

60 Minutes
90 Minutes

\$130
\$160

Our signature facial design to take you on a holistic journey. This facial is tailored to your presenting Ayurvedic element to heal your skin from within. Deeply relaxing for the mind and body. Suitable for all skin types, even the most sensitive. Upgrade to 90 minutes to begin with a relaxing back massage welcoming you into a state of zen.

Collagen Infusion 60 Minutes

\$150

Along with the customisation to your presenting Ayurvedic element, a freeze-dried collagen mask is used strengthen and uplift the skin, aiding cellular repair. Recommended for dry, sensitive, and damaged skin

Balance And Repair 60 Minutes

\$150

Designed to detox your complexion. This facial reduces oiliness to balance your skin using a combination of a high potency clay mask, steam therapy, and extractions. Suitable for oily, acne-prone skin

Add Ons

Hair Treatment with Scalp Massage 15 minutes \$25
Hand Ritual 30 minutes \$50
Foot Ritual 30 minutes \$50
Re-energising Eye Treat 15 minutes \$20
Mini Facial 30 minutes \$80
Back, Neck, & Shoulder Massage 30 minutes \$50
Papaya Enzyme Peel (facials only) \$20

Manicure

Express \$60 Express \$60
Deluxe \$100 Deluxe \$100

Body Wraps

Resurfacing And Revitalize 45 Minutes

\$100

The body will be polished to perfection with this infusion of salt crystals and oil, removing dead skin cells and improve circulation. The skin is then replenished with a full body moisturisation.

Nourishing And Hydrating 75 Minutes

\$150

Combining rich oils and nut butters, this formula provides the skin intense hydration. Silky cream infuses the skin with Vitamin E to help promote skin elasticity and provide antioxidant properties to the body

Detox And Purify 75 Minutes

\$150

The body is exfoliated and then enveloped in the purifying properties of our clay mask. Formulated to cleanse and purify the body whilst revealing a bright complexion

Massage

Relaxation

60 Minutes
90 Minutes

\$120

\$180

A deeply relaxing massage with light to medium pressure smooth flowing techniques. Ideal for time out to relax your mind and body

Hot Stone 90 Minutes

\$200

Using heated volcanic stones, this gentle massage relaxes the deep muscles and joints with the power of heat. Placement stones realign your energy leaving you in a state of bliss

Aromatherapy

60 Minutes
90 Minutes

\$130

\$190

A sensory journey selects the aromatic essential oils that your body is in need of. The properties of the essential oils are infused into the body by the olfactory system and the skin enhancing both physical and emotional health

Remedial

60 Minutes

\$130

A massage remedy for your chronic pain and soft-tissue injuries. Your remedial massage therapist will assess your condition, develop a treatment plan, and apply a range of massage and stretching techniques to assist the healing of your body

Deep Tissue

60 Minutes

\$130

90 Minutes

\$190

Your massage therapist uses a range of techniques to loosen the tight deep muscles throughout your body that cause pain. Also great for pre- and post- sporting events

Lymphatic Boost 60 Minutes

\$130

A dry body brush stimulates the lymphatic system and targeted gentle massage techniques assist lymphatic return. Great for those with swelling and water retention, along with those in need of an immune boost

Pregnancy Treat 90 Minutes

\$180

Designed to relieve water retention and skin imbalances. A full body massage to relax the body and assist the body through the pregnancy with a dry body brush to the legs to ease aching, swollen legs. The treatment is then completed with a mini-facial customised to your presenting skin, whether it be hormonal acne or dryness. This treatment is only for second and third trimesters

Pregnancy Facial 60 Minutes

\$140

A relaxing facial to hydrate the skin and address any presenting skin hormonal imbalances. Includes a relaxing hair and scalp treatment to send you into a state of bliss

Pregnancy Massage 60 Minutes

\$130

Pregnancy massage is used to support your body through the stages of your pregnancy journey. A variety of techniques are used to reduce stress, swelling, and pains. Not suitable for first trimester